

Eric Serrano, M.D.
Family Practice Physician

Home address:
10761, Tollgate Rd. SW
Pataskala, Ohio, 43062-8325

Business address:
417 North Hill Rd.
Pickerington, Ohio, 43147
614 8335520

Licensure:

Board Certified-1994 – 2000, 2001-2008
Diplomate, National Board of Medical Examiners- July 1992
Ohio State Medical License- 1992- present

Teaching and work:

Ohio State University – Assistant Professor for Family Practice, intensive care unit.
Professor of the Year at OSU 2000-2001 Medical School
Attending of the Year at OSU 2001-2002 Medical School
Attending of the year at OSU 2001-2002 Family Practice
Grant Medical Center- Obstetrics professor for Grant Medical Center Family Practice
Residency

Professional Society Memberships:

American Academy Of Family Practice	Ohio State Medical Association
National Strength Conditioning Association	American Medical Association
American College Of Sports Medicine	Kansas Medical Society, 1987-1991

Residency and Medical education:

Grant Medical Center Residency: June 1991 - June 1994
University of Kansas Medical School: August 1987 - May 1991
Kansas State Graduate program: Exercise Physiology, August 1986 - May 1987
Kansas State Bachelors Degree: Biology

Special Interests:

Sports Medicine	Weight lifting	Obstetrics	Exercise Physiology
Nutrition	Teaching	Exercise Stress Testing	Dog police training

Personal Data:

Born: October 10 1963
Married to Lisa Burns: Five children, Jessica, Melissa, Rebecca, Sabrina and Jonathan
Languages spoken: Spanish and English
Hobbies: Basketball, baseball, weight lifting, dogs, family time

Work Experience:

Serrano Family Practice –July 2002-Present

Ohio Health office at Hill Road Health Center: August 1994 – July 1998

Pickerington Health Center: July 1998 – September 1999

Ohio State University Family Medicine Department: October 1999 – June 2002

References:

Furnished upon request

Bibliography:

Editor for Sports Supplements Book by Jeff Stout and Jose Antonio

Medical advisor to QUARX/Life publication- Iron concepts, Center for Exercise Research, Kansas State University 1992- 1993, Volume I and II

Diuretic Induced Dehydration, Hyperkalemia and Rhabdomyolysis in a Competitive Body Builder, Sturmi, M.D., Serrano, M.D.; Case Presentation at 2nd Annual Meeting of the American Medical Society for Sports Medicine, 1993

Anabolic Steroids and DIC- case presentation. Serrano Eric MD, Street Chriss

Contributor for the book Sports Supplements and Foreword author

Lecturer and Consultant for multiple athletes and teams including:

SWISS Symposium-2002

SWISS Symposium 2000 and 2001

Arnold Classic MD

Baseball players and teams, hockey players and teams, strong man, power lifters, Strength coaches, football players and teams, track athletes, fighters, bodybuilders and fitness and figure athletes and hockey

Medical Director Of Muscle Pharm Research center

Medical Editor of Sports Performance Newsletter

Creator of multiple supplements including Ultra Size, Prime, Nitromine and Alpha Omega-3, Muscle Synthesis and MR100

Contributor for Muscle and Fitness, Flex, Planet Muscle, Health, and multiple magazines

Lecturer for multiple universities for Nutrition, Fitness, Sports Medicine, Injury Prevention, and Rehab

Editor for The Serrano Newsletter

2nd Annual Obesity Conference main lecturer

2004 ACAM lecturer

Muscle Pharm laboratory medical director

ARB head at Laboratory Center

ICAN Medical Director

SWISS 2016 lecturer of the year

Check web sites including:

HYPERLINK "http://www.infinityfitness.com/" <http://www.infinityfitness.com/>,
HYPERLINK "http://www.exrx.com/" <http://www.exrx.com/>, and HYPERLINK "http://
www.planet" www.planetmuscle.com